

**MIRA MESA HIGH SCHOOL**  
**School Site Council**  
**MINUTES**

**1. CALL TO ORDER**

Chairman Dave Silva called the meeting to order on April 10, 2019, at 2:38 PM

<b>Staff</b>	<b>Teacher</b>	<b>Parent/Community</b>	<b>Student</b>
<b>PRESENT</b>	Dave Silva	Debbie Raynor	Cassandra Bui
	Courtenay Pearson	Gina Welsh	Cara MacNaughton
	Brian Krause	Christopher Thibodeaux	Summer McGuckin
<b>ABSENT</b>	Jeff Sabins		
	Ryan McDonnell		
	Chris Everett		
<b>GUEST</b>	Erik Sullivan		
	Jill Rudolph		

**2. SSC Business**

- a. **Public Input-** None
- b. **Minutes from February 1, 2019 Meeting:** Motion to approve – Debbie:  
 Second – Chris: Motion Passed – All in Favor

**3. New Business**

- a. **Update of Wellness Action Plan** – Jill Rudolph
  - i. Mindfulness and Anxiety
    - a. 3 minute presentation on M5
    - b. Staff educated on mental health issues
  - ii. Teach CPR to PE Classes
    - a. CPR Kits given to PE Teachers
  - iii. Water Bottle Hydration
    - a. Three water bottle hydration station will be installed never year
      - a. In the gym
      - b. New music building
      - c. New student store

**4. DAC REPORT-**

- a. Debbie Raynor presented notes re. 3/20/19 DAC meeting
  - i. Pamela King presented on family engagement via Twitter, Facebook, Instagram, and the SDUSD website
  - ii. Ron Rode spoke about the California Dashboard
  - iii. Stacy Seiders and Juliana Liebke presented the LCAP Goal 2: Civics Engagement

**5. Old Business**

a. none

**6. ADJOURNMENT**

Meeting adjourned at 2:50 PM

Respectfully Submitted,

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Chris Everett, SSC Recording Secretary

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Dave Silva, Chairperson

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Date