

# MARAUDER MASK

Official Publication of Mira Mesa High School



## Principal's Message

Good Afternoon, Marauders.

And, just like that, Semester One has come to a close. It is wild to think that we are at the half-way mark. Semester Two always flies by, so be sure to talk with your students about finishing the year strong.

Friendly Reminder:

This school year ends on Thursday, June 6th and the 24-25 School Year will begin on Monday, August 12th.

There is another M6 (Saturday School) session scheduled for tomorrow - please encourage your student to attend if they need support ahead of the end of the semester or need to clear absences for the Winter Formal.

I want to congratulate Ivorii Seals for reaching 1,000 career points at Mira Mesa High School. She reached this milestone in the 3rd quarter of last Friday's game and we were able to celebrate her that night. Congrats, Ivorii!

Winter Formal is on Friday, January 26th and tickets are still available! ASB has been hard at work planning this event for our students. Tickets are \$30 and are available at the Finance Office.

Sandburg Elementary is hosting a Math & Science Night on January 26th and is need of volunteers. If your student is interested in volunteering, please have them sign-up at the link included in the flyer on the next page.

Thank you.  
Principal Sabins

[Bell Schedule](#)



# SANDBURG'S MATH & SCIENCE NIGHT



**2024 Math & Science Night - High School  
Volunteer**

Volunteer signup sheet



VolunteerSignup



## ASB UPDATE

JANUARY 19TH, 2024

### MASB PRESIDENT'S MESSAGE

HELLO MARAUDERS AND PARENTS,

Has your student bought a WINTER FORMAL ticket for our DANCE on JANUARY 26TH? If not, they should purchase one soon! If your student plans to attend Mira Mesa for the upcoming years, this is our FINAL Winter formal. Parents, fill out your student's CLEARANCE FORM so they can purchase a ticket! Remember, the tickets will be capped at 500!

TICKETS ARE STILL ON SALE TILL JANUARY 24TH FOR \$30 WITH AND WITHOUT AN ASB STICKER!

After our winter dance, there is our WINTER VERSUS WEEK (1/29 - 2/2)! MONDAY is COLDFRONT VS. HEATWAVE where you dress in Beach shirts, leis OR, Beanies and puffer jackets! TUESDAY is DRESS AS YOUR GRADE, Freshmen are babies, sophomores are kids, juniors are teens, and Seniors are senior citizens. WENESDAY is DECADES DAY (80s vs. 2000s), THURSDAY is ADAM SANDLER VS. MEN IN BLACK, and finally, FRIDAY is CLASS COLORS.

Lastly, after all our fun events we have our WINTER RALLY! Join us on FRIDAY, FEBRUARY 2ND with your school spirit as ASB showcases some activities for the student's entertainment!

Regards,  
Koda Keopithoune and Indra Sai, your MASB Presidents

### FUNDRADIERS & EVENTS





# Counseling News

*"What the caterpillar calls the end, the rest of the world calls a butterfly." - Lao Tzu*

## ARTICULATION

Counselors were at Challenger MS and Wangenheim MS January 4th-9th for articulation. We have also been meeting with any of our 9th-11th grade students for articulation that we may have missed. At this point, students who have already met with their counselors are unable to request course changes for the next school year until further notice while we work on the next phase of getting schedules ready for the 2024-25 school year.

## SEMESTER ONE COLLEGE COURSES

For any students who took a college class the first semester, those grades are not yet processed. They will be processed soon and should be viewable on student transcripts the first week of February.

## SEMESTER TWO COLLEGE COURSES

The 2nd semester college classes start the week of January 29th. The Power School Student Portal is currently open so students can view their schedule including when their college classes will begin and if the classes will be online or in person. It is very important that all students check their schedules to ensure they are attending the correct classes. Most schedules did not change, but there are some that have changed.

## SCHOLARSHIP OPPORTUNITY - TEACH-LEAD SAN DIEGO

The counseling department hosted staff from TEACH-LEAD San Diego January 11th to talk about a scholarship opportunity for our seniors interested in pursuing a STEM or teaching career. Last year we had two seniors earn this scholarship. Here is the link to the scholarship application: <https://www.sdef.org/>

## FAFSA

The new Free Application for Federal Student Aid (FAFSA) is now open, and there are still glitches. Reports indicate that most of the issues are occurring for parents creating their FSA ID. Parents may need to reach out to FAFSA to resolve this issue or the student and parent can attend workshops to get support. There are fliers at the end of the Mask that show workshop dates. Seniors can attend one of our workshops Tuesdays and Thursdays at lunch as well.

## MMHS Counselors



Last Names A-C  
Mr. Schwartz  
tschwartz1@sandi.net



Last Names D-Hut  
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Last Names Huy-M  
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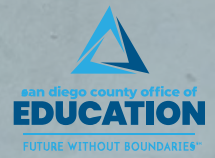


Head Counselor  
Last Names Tran-Z  
Ms. White  
twhite1@sandi.net

Virtual  
Counseling Center



# Supporting Our Youth



## Free Mental Health Webinar Series for Parents and Caregivers in 2024



This webinar series will provide information on the most common mental health challenges faced by youth today and will provide tips and tools to parents and caregivers to help them support the youth in their lives. It is offered through a partnership with the San Diego County Office of Education and medical and mental health experts with the Transforming Mental Health Initiative at Rady Children's Hospital-San Diego. Rady Children's is on the forefront of youth mental health and wellness and is dedicated to improving the mental health of all children. Spanish interpretation will be provided.

**All webinars**

**5:30 to 6:30 p.m.**

Followed by an optional, 15-minute question and answer session with the presenter

**Jan. 24** Social Media's Impact on Youth Mental Health  
Hilary Bowers, MD, FAAP  
[sdcoe.k12oms.org/918-243923](https://sdcoe.k12oms.org/918-243923)

**Feb. 7** Mental Health 101: Everything Parents Need to Know to Support Youth at Home  
Willough Jenkins, MD  
[sdcoe.k12oms.org/918-243924](https://sdcoe.k12oms.org/918-243924)

**March 13** From Darkness to Light: A Parent's Guide to Recognizing and Responding to Youth Depression  
Joshua Feriante, DO, MBA  
[sdcoe.k12oms.org/918-243925](https://sdcoe.k12oms.org/918-243925)

**April 24** Cultivating School-Life Balance to Support Academic Success  
Katherine Nguyen William, PhD  
[sdcoe.k12oms.org/918-243927](https://sdcoe.k12oms.org/918-243927)

**May 15** When Anxiety Attacks: How You Can Help  
Tammy Maginot, PhD  
[sdcoe.k12oms.org/918-244349](https://sdcoe.k12oms.org/918-244349)



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**In accordance with the Americans with Disabilities Act, if you need special accommodations to participate, please contact Donny Ojeda [donald.ojeda@sdcoe.net](mailto:donald.ojeda@sdcoe.net) at least 48 hours in advance. For a fully accessible version of this information please go to: [sdcoe.net/](https://sdcoe.net/)**





**SUBMITTING A FINANCIAL AID APPLICATION IS A CA LAW**

# FINANCIAL AID APPLICATION WORKSHOPS

**JANUARY**

**4, 9, 11, 16, 18, 23, 25, 30**

**FEBRUARY**

**1**

**UPPER LIBRARY DURING LUNCH  
BRING COMPUTER**

**SUBMITTING FAFSA?  
CREATE FSA ID PRIOR  
TO WORKSHOP AT:**



## What Contributors Need to Complete the FAFSA

- FSA ID
- Tax Returns
- Amount of child support received in the past year
- Asset Information
  - Value of cash, savings & checking
  - Net worth of investments
  - Net worth of any business/farms
- List of any federal benefits received
- List of colleges



**Resource:** Check out the FAFSA checklist that will help the students and parents you work with to gather the right information

# Cash for College Events 2023 - 2024



**Cash for College are workshops where students and families can receive help with completing their Financial Aid Application. These free workshops are open to all students and families in San Diego and Imperial Counties.**

- 1/20/24 - 9:00am - 1:00pm - All County Fin Aid Blitz & Virtual**
- 1/24/24 - 5:00pm - 7:00pm at Chula Vista High & Virtual**
- 1/27/24 - 9:00am - 11:00am at RBVHS (Vista) & Virtual**
- 1/31/24 - 5:00pm - 7:00pm at El Camino High & Virtual**
- 1/31/24 - 5:00pm - 7:00pm at Valhalla High & Virtual**
- 2/10/24 - 9:00am - 11:00am at Crawford High & Virtual**
- 2/10/24 - 9:00am - 11:00am at Oceanside High & Virtual**
- 2/24/24 - 9:00am - 11:00am at RBVHS (Vista) & Virtual**
- 2/24/24 - 9:00am - 11:00am at Sweetwater High & Virtual**
- 2/24/24 - 9:00am - 11:00am at Monte Vista High & Virtual**
- 2/28/24 - 5:00pm - 7:00pm at Madison High & Virtual**



# College Access Programs 2023-2024



## JumpStart Senior Year

A college access conference for all San Diego County High School Seniors and their families/guardians.

8/26/23 - 8:30am -12:00pm at Hilltop High School  
9/16/23 - 8:30am -12:00pm at San Diego City College  
9/23/23 - 8:30am -12:00pm at Oceanside High School  
10/7/23 - 8:30am -12:00pm at Grossmont College

## College Bound Webinars

Webinar Times are 6:00pm - 7:00pm PST  
\* 10/18/23 6:00pm - 7:30pm

8/30/23- FSA ID/Financia I Aid 101  
9/13/23- UC PIQs & How to write a College Essay  
10/18/23 - \*UC Admissions & CSU Admissions  
11/1/23 - FSA ID/Financial Aid 101  
11/15/23 - Financial Aid FAQs  
12/13/23 - All About Scholarships  
1/17/24 - Community College Admissions  
2/7/24 - Understanding the Financial Aid Package  
3/13/24 - So You Got Accepted...Now What?  
4/17/24 - How to Accept Your Financial Aid  
5/1/24 - 11th Graders - Preparing for Fall App Season  
5/15/24 - Financial Aid for 11th Graders

## Cal-SOAP College Fair

Open to all San Diego and Imperial County Residents

10/25/23 from 6:00pm - 8:00pm  
@ San Diego Mesa College  
7250 Mesa College Dr. San Diego, CA, 92111

## Cash For College 1:1 Workshops

All Cash for Colleges will be in-person at host sites and virtually through Zoom.

1/20/24 - 9:00am - 1:00pm - All County Fin Aid Blitz & Virtual  
1/24/24 - 5:00pm - 7:00pm at Chula Vista High & Virtual  
1/27/24 - 9:00am - 11:00am at RBVHS (Vista) & Virtual  
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2/24/24 - 9:00am - 11:00am at Monte Vista High & Virtual  
2/28/24 - 5:00pm - 7:00pm at Madison High & Virtual

## College Make It Happen (CMIH)

Webinar Times are 6:00pm - 7:00pm PST

11/8/23 - Virtual: CMIH Middle School Webinar  
3/6/24 - Virtual: CMIH Middle School Webinar  
4/10/24 - Virtual: CMIH Middle School Webinar

\*Contact [kkwhitaker@ucsd.edu](mailto:kkwhitaker@ucsd.edu) to request in person CMIH events.

## 1:1 College Advising

## Cal-SOAP College Readiness Coach (CRC)

Available at select schools within SDUSD, SUHSD & GUHSD

CRCs are assigned to specific schools to provide college advising and Financial Aid/College Application assistance.

## Want more info about Cal-SOAP?

Website: [calsoapsandiego.org](http://calsoapsandiego.org)



@calsoapsandiego



@SanDiegoCalSOAP



@SanDiegoCalSOAP



Cal SOAP: San Diego and Imperial Counties



Just present this flyer to your server  
(or show it on your mobile device)  
and Islands will donate 20% of  
your food and beverage purchases  
back to Mira Mesa High School Class of  
2025 PBO.

Dine-In or Take-Out. Order online at  
[www.islandsrestaurants.com](http://www.islandsrestaurants.com)

# MIRA MESA HIGH SCHOOL CLASS OF 2025 PBO

**Date: January 23, 2024**

**Time: 4pm to close**

**Location: Islands Mira Mesa  
10669 Westview Parkway • (858) 578-6500**

**#islandsburgers**

Not valid with any coupon, offer, discount or third party delivery.  
Proceeds exclude gratuity and tax.

Craft burgers, fresh-cut fries, salads & tacos. Bring your family and  
friends to Islands, and help raise money for Mira Mesa High School  
Class of 2025 PBO .







# MAKE AN IMPACT, ONE TACO AT A TIME.



## RUBIO'S FUNDRAISER FOR MMHS CLASS OF 2026 PARENT BOOSTER ORGANIZATION

**WEDNESDAY  
JANUARY 24, 2024  
ALL DAY**

10732 WESTVIEW PKWY.  
SAN DIEGO, CA 92126

**30%**  
OF EVENT  
SALES  
DONATED\*

### IN-RESTAURANT ORDERS

Present flyer and scan the  
QR code at the register.



### RUBIOS.COM OR RUBIO'S APP ORDERS

Enter coupon code  
"DONATE" during checkout.

Fundraiser participants can order their Rubio's favorites in our restaurant, on [rubios.com](https://rubios.com), or in the Rubio's app, and 30% of all pre-tax event sales will go back to the designated organization (alcohol or gift card purchases excluded). 24 hours' notice required for Catering orders. Third party delivery/pickup orders or any orders placed at a different date/location than the scheduled fundraiser will not count toward the total sales. Orders must be submitted the same date as the scheduled fundraiser.

\*Certain exclusions and minimums apply. See terms on [rubios.com/fundraisers](https://rubios.com/fundraisers).



JOIN US FOR AN IN-PERSON

Class of 2024

PBO

**MEETING**

WEDNESDAY 1/24/24 @530PM

40N PHO & GRILLE  
9978 SCRIPPS RANCH BLVD  
SAN DIEGO, CA 92131



# Upcoming Events for PBO of Class 2027

## Meeting January 2024

Join us for our next Parent Booster Organization Meeting.

## Information

**Date:** Monday, January 22nd

**Time:** 6:30 pm

**Location:** Zoom link will be posted to our Facebook page.



Follow us on social media:

@mmhs2027pbo 

@MMHS27pbo 

## Raise funds for MMHS 2027 PBO when you purchase gift cards

### JOIN OUR FLIPGIVE TEAM

We earn cash back on every purchase we make all year long! All you have to do is shop anytime with the brands you already love.



Join our team now and within the first 14 days we'll get a \$5 bonus the first time you shop on this link:  
[bit.ly/QS59KT](https://bit.ly/QS59KT)

**GET YOUR GIFT  
CARDS HERE**



Current fundraiser