MARAUDER MASK

Official Publication of Mira Mesa High School





Principal's Message

Good Afternoon, Marauders.

It has been a great first week at Mira Mesa High School. If this week is any indication of the year ahead, we are sure to have a fantastic year together.

Last weekend, our Flag Football team traveled to Orange County for an event hosted by the Los Angeles Chargers and Oakley. The girls fought hard and earned the first Flag Football win in San Diego Unified School District history - way to go, Marauders!

Tonight is our first home football doubleheader of the year. ASB is hosting a tailgate party before the varsity game - starting at 5:30PM. The tailgate is free with an ASB sticker or \$15 w/o (fee includes entry into the game - a \$9 value). The theme for the student section is "Party in the USA" - a student favorite. Friday night football games are always fun: the band is out providing great music, the cheerleaders are getting the stands going with their cheers, and the student section is keeping the energy high - all while the game is going on! We hope you will join us for the game. Students with ASB stickers get in for free. Tickets can be purchased here.

One of our incredible seniors, Andrea Fernandez, has started a club called First Gen Scholars. She and her club are hosting a Questbridge Night on August 31st at 5:30PM in the theatre. More information is provided in the flyer on page 5.

Picture make-up day is coming on September 6th - save the date! More info to come.

Have a great weekend. Principal Sabins



ASB UPDATE

AUGUST 2023

MASB PRESIDENT'S MESSAGE

HELLO MARAUDERS AND PARENTS, WELCOME BACK TO SCHOOL! We are excited create a more energetic, memorable, and communicative environment on campus this year. We have tons of events and activities from ASB planned this year, with more rallies, dances, games, and so much more! As incoming four-year MASB members, we are prepared and highly motivated in improving the student-body community within Mira Mesa High School! We look forward to seeing everyone at our events. Be sure to follow us on Instagram and TikTok @mmhs.asb.

Regards, Indra Sai and Koda Keopithoune, your MASB Presidents

THIS WEEK ON CAMPUS





BAND OF THE GOLDEN WEST (pictured left) Lunchtime performance featuring alumni Keegan Bushouer. NO PLACE FOR HATE (pictured right) Students sign the No Place for Hate pledge during the grade-level assemblies.

NEXT WEEK ON CAMPUS

- Tuesday, August 29
 Girls Tennis vs. Coronado @ 4pm
 - o AP Student/ Family Virtual Meeting @ 5:30pm
- Wednesday, August 30
 - MANDATORY Freshmen Elections Meeting
 lunch in 412
- Friday, September 1
 Parking Permits required
 Freshmen Election Campaigns start

CURRENT FUNDRAISERS







Counseling News

COUNSELING CASELOADS

Welcome to a new school year. We have six counselors on our team, and we work with students and families based off last names. Our counseling program follows the <u>American School Counselor Association</u> (ASCA) model and serve students in the following domains: social/emotional, academic, and college/career. Students can see counselors before or after school or they can email their counselors to schedule an appointment. You can find counselor contact information on our Virtual Counseling Center website <u>here</u>. New caseloads are shown on the right side of this page.

SCHEDULES

Thank you for your patience as counselors worked to get students enrolled in classes and schedules balanced. We are still working as diligently as possible to resolve scheduling issues, return phone calls and emails, and update our Virtual Counseling Center website, which you can explore at this <u>link</u>.

504 PLAN REVIEW

Counselors are also starting to schedule 504 Plan review meetings and senior review meetings. Counselors will be reaching out to families whose child has a 504 Plan to schedule the review meeting and make changes to the 504 Plans if necessary. For the senior review meetings, counselors will reach out to seniors who may be at-risk for earning their diploma this June. The meetings will involve the parents/guardians, so that we are all aware of what the seniors needs to do to meet graduation requirements.

SENIOR REVIEWS

Counselors will also start general senior reviews. The general senior reviews involve counselors meeting with every senior in their caseload to discuss their progress toward graduation, post high school plans, and supports for the seniors with their post high school pursuits. Our goal is to complete senior reviews by the first week of October.

COLLEGE CLASSES

We have a number of students who are taking college classes. Ms. Blum and Ms. Morales are the counselors who oversee our college program, so if your student has questions about their college class they can contact them. Mrs. Blum and Mrs. Morales met with our students taking college classes Friday to give them important information about taking college classes while in high school. Most college classes begin August 28th, and students should be able to log into their Canvas portal that day.

THERAPY SERVICES AVAILABLE

Returning to school can be very overwhelming for some students, and simply navigating being a student, friend, athlete, sibling, etc. can cause students to feel anxiety. We are very fortunately to have a full-time mental health therapist assigned to Mira Mesa High School to provide regular therapy for students. If you feel your child can benefit from these types of services, please reach out to your child's counselor to get a referral.

MMHS Counselors



Last Names A-C Mr. Schwartz tschwartz1@sandi.net



Last Names D-Hut Ms. Blanchard dblanchard@sandi.net



Last Names Huy-M & T-Tram Ms. Blum mblum@sandi.net



Last Names N-R Ms. Morales jmorales4@sandi.net



Last Names S & EL Ms. Larsen klarsen@sandi.net



Head Counselor Last Names Tran-Z Ms. White twhite1@sandi.net

<u>Virtual</u> <u>Counseling Center</u>

AP STUDENT/FAMILY MEETING

TOPICS COVERED

- MYAP REGISTRATION
- FEE REDUCTION ELIGIBILITY
- MAKING PAYMEMTS
- DEADLINES
- TEST DATES

AUGUST 29TH 5:30 PM

ZOOM LINK:

HTTPS://SANDIEGOUNIFIED.ZOOM.US/J/87809535537

MIRA MESA HIGH SCHOOL FIRST GEN SCHOLARS FIRST GEN CLUB QUESTBRIDGE



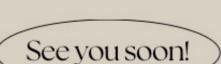
Questbridge Night

August 31st in the Theater at 5:30pm



Questbridge is a college app that can provide scholarships that support motivated low-income students of all backgrounds in the United States.







We will have guest speakers, like Jonathan Burgos! He is the Founder of First Gen Scholars, a program that helps guide students who are the first to go to a college or university in their family. He will talk about his experience and advice on how to apply!



15 % of proceeds will be donated to MMHS C/O 2025 PBO

Friday August 25th, 2023 2:30 - 7:00 PM

logurtland!

* Please present this flyer upon check out. (digital copy accepted) Yogurtland - 8220 Mira Mesa Blvd #F



Picture Day a whole new way

A new school portrait experience designed by you, for you.



- Preview your pictures before you buy
- Buy only what you want
- Personalize your photos with a variety of backgrounds and add text
- Photos ship directly to home
- High-res digital downloads
- If you have more than one child, you can order everything together and pay only once



Our "Green Screen" technology allows you to personalize backgrounds.

But it makes green clothing disappear into the background.

Don't wear green for picture day please!

Get ready for Picture Day!

MIRA MESA HIGH SCHOOL

EVENT CODE: FE216423

Wednesday, September 6th