

# MARAUDER MASK

Official Publication of Mira Mesa High School



## Principal's Message

Hello, Marauders.

Last Friday was a busy day on campus with the Fall Dance Showcase and Fall Choir Concerts taking place in the Gym and Theatre. Both events were well attended and enjoyed by all. Our Marauders are so talented and never cease to amaze. Well done, Marauders!

Tuesday night, our Lady Marauder Volleyball Team hosted the first round of CIF playoffs. *(This issue of the MASK was published early, so results of the competition were not available at the time of publication.)* Way to go, Marauders!

Tonight, we honor our senior band members, cheerleaders, and football players at "Senior Night" at our last regular season home football game. Senior Night is always a special evening of celebration so we hope you can join us!

While many of you have completed the LCFF Data Collection form, we are still waiting on a few more. If you have not submitted the LCFF Data Collection Form either online in PowerSchool Parent Portal or via the hardcopy that was distributed, please do so and return it to school on Monday.

Monday is Halloween, and while costumes are allowed, we want to be sure to share some reminders in terms of rules/expectations:

- Dress Code must be adhered to
- No full coverage face masks
- No weapons
- Nothing promoting the use of alcohol or illegal drugs
- Nothing promoting gangs

Have a great weekend, Marauders!

Every year, we are required to provide all families with a number of documents/procedures.

Please take a moment to review the following documents/procedures.

- Title I LEA Level Parent & Family Engagement Policy
- MMHS Parent & Family Engagement Policy
- MMHS School-Family Compact
- Uniform Complain Procedures

# Mira Mesa High School

PRESENTS



**HIGH SCHOOL**  
EDITION

Based on the screenplay by **Jonathan Lynn**

Written by **Sandy Rustin**

Additional material by **Hunter Foster and Eric Price**

Based on the **Paramount Pictures Motion Picture**  
based on the **Hasbro** board game **CLUE**

**December 2, 2022**  
**6PM December 3,**  
**2022 6PM**

Directed by Daniel Kriley  
Choreographed by Kaela Patterson  
Graphics & Printing by Art Spurlock

**For tickets and info visit us at:**  
**[mmhsperformingarts.ludus.com](http://mmhsperformingarts.ludus.com)**

# Counseling News

## AP EXAM PAYMENT

The deadline for students to pay for AP exams is November 7th. AP exams will not be ordered for students if they do not pay for them by the deadline. If your student is in AP classes and knows for certain they will not be taking an AP exam for one of their AP classes, please have them click this [link](#) to fill out a Google Form. Please remind your AP student to check both their student and personal emails so they are not missing important reminders about AP from Mrs. Blanchard or Mrs. Amato. For AP payments, students need to print two copies of their invoice and bring those with their ID and payment to the Finance Office.

## COLLEGE APPLICATION TIP

Here is a college application tip for seniors applying to four-year colleges and universities: for their San Diego Unified School District courses, they will not list any plus or minus marks for their course grades on their applications. This is a common mistake, so please encourage your senior child to avoid this type of mistake by coming to our college application workshops Tuesdays and Thursdays during lunch in the library.

## VOLUNTEER OPPORTUNITY

The American Lung Association is looking for volunteers for their Lung Force Walk at Liberty Station. While the event is not until January 29th, they are coordinating volunteers now, so if your child is interested in volunteering, they can scan the QR code they see on the flier below. As a reminder, is it not a graduation requirement to do community service, but some colleges factor it in for admissions, and many scholarships want to have applicants who have done community service.

## NATIONAL BULLYING PREVENTION MONTH

October is National Bullying Prevention Month, and students have the power to help stop bullying. Please see the graphic below and use it as a tool to talk to your children about how to be an ally if someone is being bullied and to choose kindness.

## MMHS Counselors



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Virtual  
Counseling Center

# UNIVERSITY OF SAN DIEGO COLLEGE REP VISIT



**ALL STUDENTS  
WELCOME**



**Tues. 11/2 @  
Lunch in Library**



# CSU San Marcos College Rep Visit



**ALL STUDENTS  
WELCOME**

Wed. November 2nd @ Lunch in Library

UC & CSU applications due Nov

30th



COLLEGE



APPLICATION

WORKSHOPS

BRING YOUR OWN COMPUTER

Lower Library during lunch

Must eat prior to workshop

October 4, 6, 11, 13, 18, 20, 25, 27

November 1, 3, 8, 10, 14-18, 28-30



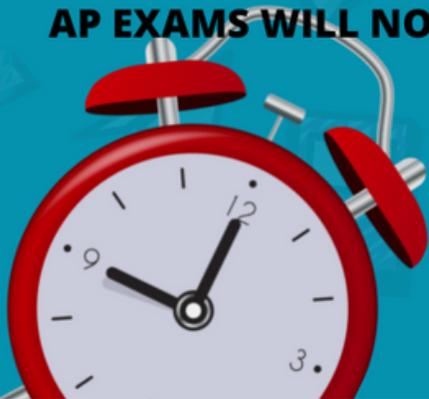
**Questions about amount owed  
or didn't get invoice? Email  
ramato@sandi.net**

# AP **DUE NOVEMBER 7TH** PAYMENTS

**AT FINANCE OFFICE**

**BRING 2 COPIES OF INVOICE AND  
CHECK/MONEY ORDER PAYABLE TO  
MIRA MESA HS OR CASH**

**AP EXAMS WILL NOT BE ORDERED IF PAYMENT NOT MADE BY NOVEMBER 7TH**



# LUNG FORCE WALK™

American Lung Association.

## Why you should volunteer?

- Fulfill volunteer requirements needed for graduation.
- Learn about working for a non-profit organization.
- Help to promote and advocate for lung health amongst your peers and community.

Sign Up to be a Volunteer  
<https://forms.office.com/r/2P7RTJZeyt>



Event Page



## Small Steps, Bold Strides

## Looking for Volunteers

**Liberty Station Jan. 29, 2023**

### About this volunteer opportunity:

- An opportunity to experience one of American Lung Association's biggest community events
- For motivated students interested in making a big impact in their community
- Helping with event set up and take down

### Pre-event community promotion

For questions and further information, please contact Michelle Gonzales at [michelle.gonzales@lung.org](mailto:michelle.gonzales@lung.org)

[LUNGFORCE.org/sandiego](https://LUNGFORCE.org/sandiego)



# 6 WAYS TO BE AN ALLY

Here are some simple things you can do to be an ally to targets of name-calling and bullying. And remember—always think about your safety first when deciding the best way to respond.

## 2. Don't

### 1. Support targets, participate, whether you know them or not.

Show compassion and encouragement to those who are the targets of bullying behavior by asking if they're okay, going with them to get help and letting them know you are there for them. Ask what else you can do and make sure they know they're not alone.

This is a really easy way to be an ally because it doesn't require you to actually do anything, just to not do certain things—like laugh, stare or cheer for the bad behavior. By refusing to join in when name-calling and bullying occur, you are sending a message that the behavior is not funny and you are not okay with treating people that way. The next step is to speak up and try to put a stop to the hurtful behavior.

### 3. Tell aggressors to stop.

If it feels safe, tell the person behaving disrespectfully to cut it out. You can let them know you don't approve on the spot or later during a private moment. Whenever you do it, letting aggressors know how hurtful it is to be bullied may cause them to think twice before picking on someone again.

### 4. Inform a trusted adult.

Sometimes you may need extra help to stop the bullying. It's important to tell an adult who you trust so that this person can be an ally to you as well as the target. Telling an adult when you see someone engaged in bullying is never "tattling" or "snitching." So don't think twice—reach out to a parent, teacher, guidance counselor, coach or someone else who will get involved.

### 5. Get to know people instead of judging them.

Appreciate people for who they are and don't judge them based on their appearance. You may even find that they're not so different from you after all.

### 6. Be an ally online.

Bullying happens online, too, and through the use of cell phones. Looking at mean web pages and forwarding hurtful messages is just like laughing at someone or spreading rumors in person. It is just as hurtful, even if you can't see the other person's face. All the rules above are just as important to follow when texting and on social media. So online and offline—do your part to be an ally to others.

## Other Resources

[Bullying and Cyberbullying Prevention Strategies and Resources](#)

[Navigating a Digital World: Tips for Youth \(En español\)](#)

[Taking A Stand: A Student's Guide to Stopping Name-Calling and Bullying](#)

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